KINDNESS DAY

ACT AGAINST BULLYING

Because it matters

- Create a student kindness committee to run a Kindness Day
- Hold a short story competition – with a kind theme – and read out the best on Kindness Day.
- Make a list of all the positive effects of kindness.
- Create a Kindness Board. Leave cards for pupils to write down kind deeds they have seen or done and pin them onto the display.
- Involve different areas of the school e.g. have a kindness zone in the Library and a "kind area" in the playground.
- Include the subject of kindness in class e.g. find poems with a kind theme.
- Write a school blog about kind acts that are carried out that day.

- Create a Thank You Board for students to express their gratitude towards others
- Put posters up around the school with inspirational and kind quotations on them
- Create a magazine or leaflet about everything that occurred on your Kindness Day – you could send this out to parents too!